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## **Videos for Wisconsin Child Care Providers to Borrow:**

### **CHILD DEVELOPMENT**

Go to [www.ccic.wi.gov](http://www.ccic.wi.gov) and click on the tab **Our Library** for borrowing procedures and a searchable online catalog of all CCIC's audiovisual resources and books.

**THE BRAIN SERIES.** Owatonna, MN: Learning ZoneXpress, 2010-11. 3 21-min. DVDs + 3 video worksheets + 3 teacher's keys.

**Disc 1. THE BRAIN: DEVELOPING MEMORY IN DEVELOPING BRAINS, BIRTH TO FIVE YEARS**

The most critical time for brain development is from birth to age five. Shows how the basic workings of the brain influence memory, how we learn, and what can be done to encourage healthy brain development in children.

**Disc 2. THE BRAIN: ACTIVITY, SLEEP & BOREDOM**

Physical activity and quality sleep are both vital for healthy bodies. Studies suggest that doing "nothing" and even being bored is actually very important to how we process the world around us and is a key to creativity.

**Disc 3. THE BRAIN: PATTERN, STRUCTURE & NOVELTY**

Our brains are wired to perceive patterns and structure in the world around us. Young children especially need structure to feel secure and be ready to learn. Yet our brains also are continually seeking something new. Too much of the same things causes our brains to get bored - and too many new things can cause confusion or chaos. This DVD shows how to give young children the structure they need to set up a strong foundation for learning, and how to add new activities and ideas in ways that nurture their hunger for learning.

**BRAIN TO FIVE.** Appleton, WI: Appleton Education Foundation, 2008. 4 DVDs, 265 min.

These four lectures, sponsored by the Wisconsin Academy of Sciences, Arts, and Letters, focus on the growth and development of children during the first five years.

- Part 1. Early language and your toddler.** Susan Weismer, Mar. 5, 2008 (72 min.)  
**Part 2. How babies learn.** Jenny Saffran, Apr. 2, 2008 (85 min.)  
**Part 3. Children's emotions and the developing brain.** Seth Pollak, Apr. 23, 2008 (25 min.)  
**Part 4. Shaping your child's brain.** Richard Davidson, May 13, 2008 (25 min.)

**CHANGING BRAINS: EFFECT OF EXPERIENCE ON HUMAN BRAIN DEVELOPMENT.** Eugene, OR: University of Oregon Brain Development Lab, 2009. DVD, 76 min. Video may be viewed at <http://changingbrains.org/>.

The central theme of this excellent program is that virtually every aspect of the development of the human brain -- and the sensory, cognitive, social and emotional skills that the brain supports -- is dependent on and shaped by experience, that is to say, input from the environment. After an introduction that describes the adult human brain, nine segments describe the brain systems important in: vision, hearing, motor skills, attention, language, reading, math, music, and emotions and learning.

**A CHILD'S MIND: HOW KIDS LEARN RIGHT & WRONG.** Chicago, IL: Learning Seed, 2011. DVD, 34 min.

Shows what helps children distinguish right from wrong and why fostering moral development is crucial. Examines the approaches of developmental theorists and the Theory of Mind. Includes children's reactions to situations that challenge their morals and expert interviews to help explain how and why children develop as they do.

**CHILD'S PLAY: HOW HAVING FUN TURNS KIDS INTO ADULTS.** Lake Zurich, IL: Learning Seed, 2004. DVD, 23 min. + study guide.

Play, especially the kind that's freely chosen and totally involving, is the engine that drives child development. It's the most important activity children do. Play is how they try out roles, test limits, develop basic physical and mental skills, and rehearse for adulthood.

**EVERYBODY RIDES THE CAROUSEL: A VIEW OF THE STAGES OF LIFE ADAPTED FROM THE WORKS OF ERIK H. ERIKSON.** By John and Faith Hubley. Santa Monica, CA: Pyramid Film & Video, 1975. **VHS**, 72 min.

Uses animation to dramatically describe Erik H. Erikson's theory of personality development from birth to death and the challenges and crises that characterize each stage. The Carousel and its eight rides serve as metaphors for life and its eight basic stages: newborn, toddlers, childhood, school age, adolescence, young adulthood, adulthood, and old age. A very visual, musical change of pace from the typical training video.

**FLOOR TIME: TUNING IN TO EACH CHILD.** Based on the work of Stanley Greenspan, MD. New York, NY: Scholastic Inc., Early Childhood Division, 1990. **VHS**, 35 min. + guide.

Shows how children grow emotionally in different ways and at different rates, and how the quality of your interactions with them at each stage of development is vital for their emotional, social, and intellectual growth. Gives five steps to help you physically and emotionally tune in to each child and make special time with young children really work.

**HOW BOYS & GIRLS DIFFER: THE FIRST SIX YEARS.** Lake Zurich, IL: Learning Seed, 2002. DVD, 21 min. + guide.

Looks at gender differences in natural abilities, social abilities, behavior and personality, and physical attributes during the first six years of life and offers tips for gender-neutral child-raising.

**LIFE AT 1, 3, AND 5: A LONGITUDINAL STUDY IN CHILD DEVELOPMENT.** Princeton, NJ: Films for the Humanities & Sciences. DVDs.

Originally broadcast as a television documentary, this series uses personal and informative case studies to report on Australian children who participated in a large-scale long term study of child development.

**Disc 4. LIFE AT 3: BAD BEHAVIOR.** 2008. 57 min.

A close look at how five three-year-olds learn self-control and how to manage their negative feelings and actions in a variety of situations.

**Disc 5. LIFE AT 5: RESILIENCE.** 2010. 52 min.

The story of a child's development is written most poignantly in his or her ability to bounce back after pain and trauma. From outward, observable behavior to the mysterious inner world of epigenetics, this program examines the coping mechanisms of five-year-olds in highly varied contexts and surroundings.

**Disc 6. LIFE AT 5: GREAT EXPECTATIONS.** 2010. 52 min.

A good start to school depends on three fundamental gifts: the ability to communicate effectively, a talent for fitting in well with others, and an ambition to learn. This program tracks the challenges, setbacks, and successes in the lives of six five-year-olds as they prepare for the world of organized education.

**MIND IN THE MAKING: EXPERIMENTS IN CHILDREN'S LEARNING.** New York: Families and Work Institute : New Screen Concepts, 2011. 2 DVDs.

42 short videos on two DVDs take viewers on virtual "field trips" to laboratories in the U.S. and abroad to see actual experiments in children's learning, from classic studies to the cutting edge, conducted by well-known researchers from a number of academic disciplines.

**PIAGET'S DEVELOPMENTAL THEORY: AN OVERVIEW.** By David Elkind. Davis, CA: Davidson Films, no date. DVD, 27 min.

An overview of Jean Piaget's developmental theory, explained by Dr. David Elkind and by Piaget himself and illustrated by Elkind's interviews with children of various ages. Can serve as an introduction to Piaget's work or as a review of it.

**PRESCHOOLER OBSERVATION.** Chicago, IL: Learning Seed, 2012. 4 DVDs + 4 educator's resource guides.

Classroom Clips teach viewers to learn by observing. Key developmental areas are explored in professionally filmed clips of 3- and 4-year-olds in varied settings. Each DVD may be played two ways: clips only with natural sound (20-25 minutes) or with narration and analysis (45-55 minutes). The detailed observations show the extraordinary advancements preschoolers make, the natural activities children are drawn to which foster development, and strategies to encourage these activities.

**Disc 1. PHYSICAL & MOTOR DEVELOPMENT**

**Disc 2. COGNITIVE DEVELOPMENT**

**Disc 3. SOCIAL & EMOTIONAL DEVELOPMENT**

**Disc 4. LANGUAGE & LITERACY DEVELOPMENT**

**PRESCHOOLERS.** Rev. and updated edition. Chicago, IL: Learning Seed, 2008. DVD, 28 min.

Looks at the social, emotional, physical, and cognitive development of three to five year olds as well as the special needs of children with challenging conditions in the preschool environment. Presents concepts from developmental theorists as well as insight from current preschool teachers.

**PRESCHOOLERS.** Barrington, IL: Magna Systems, 2008. 3 DVDs + 3 guides.

Using footage of preschoolers in the classroom and interviews with teachers and caregivers, this series gives a detailed overview of the development that takes place between the ages of three and five, the activities that foster that development, and the concepts of developmental theorists.

**Disc 1. PRESCHOOLERS: PHYSICAL DEVELOPMENT (21 min.)**

Shows preschoolers' physical advancements. Stresses the importance of nutrition and sleep.

**Disc 2. PRESCHOOLERS: COGNITIVE DEVELOPMENT (24 min.)**

How the brain grows neural bridges and strengthens a child's intellect.

**Disc 3. PRESCHOOLERS: SOCIAL & EMOTIONAL DEVELOPMENT (23 min.)**

How preschoolers learn to play cooperatively, make friends, and express emotions.

**STUDY OF THE CHILD: HISTORY AND TRENDS.** (The Developing Child, Module 1.) Barrington, IL: Magna Systems, Inc., 1997. DVD, 29 min. + workbook.

The history of the study of child development, changing beliefs about human nature, the nature-nurture question, the move from myths to scientific investigation, and six overarching principles.

**THEORIES OF DEVELOPMENT.** (The Developing Child, Module 2.) Barrington, IL: Magna Systems, Inc., 1997. DVD, 28 min. + workbook.

Explains cognitive, psychosexual, psychosocial, maturationist, behaviorist, social learning, and sociocultural theories of development. Explains the concept of the "whole child" and shows how theories tend to focus on one part only and to contradict one another. Examines the work of Piaget, Freud, Erikson, Gesell, Skinner, and Vygotsky, and shows how each theory has something to contribute to our understanding of children.

**THEORIES OF DEVELOPMENT II.** Lake Zurich, IL: Magna Systems, 2007. DVD, 17 min. + workbook.

Summarizes the educational theories of philosophers John Locke, Jean-Jacques Rousseau, Johann Pestalozzi, and Frederick Froebel. Their theories will give you a foundation upon which to build your own philosophy of education.

**See also the following lists: *Infants, Toddlers, and Twos; Language Development.***